

Program

YMCA Outdoor Education Program

Number of Days: 3 Number of students: 80

100% Instructed by YMCA staff

Date & Day	Program	Staff
Day One		
10.30 am	Arrive at Camp. Welcome by camp staff. Settle into cabins etc.	YMCA staff
11:00 am	Whole Group Introductory Games Orientation of camp activities for teachers	YMCA & Teachers
12:00 pm	BYO Lunch	
1:00 – 2:30pm	Rotation 1	YMCA & Teachers
2:30pm	Afternoon Tea	
3:00 – 4:30pm	Rotation 2	YMCA & Teachers
4:30 -6:00pm	Free time & showers	Teachers
5:45 pm	Duty Group set up for meal	Teachers
6:00 pm	Dinner	
7:30 – 9:00 pm	Night Activities	Teachers
Day Two		
7:00 am	Showers & wake up	Teachers
7:45 am	Duty Group set up for meal	Teachers
8:00 am	Breakfast	
9.00 – 10.30am	Rotation 3	YMCA Inst & Teacher
10.30am	Morning Tea	



We build strong **PEOPLE**
strong **FAMILIES**
strong **COMMUNITIES**

Program

10.45-12.15pm	Rotation 4	YMCA Inst & Teacher
12:15 pm	Duty Group set up for meal	Teachers
12.30pm	Lunch	
1:30pm-3:00pm	Rotation 5	YMCA Inst & Teacher
3.00pm	Afternoon Tea	
3.15 – 4.45pm	Rotation 6	YMCA Inst & Teacher
4.45 - 6.00pm	Free time & showers	Teacher
5:45 pm	Duty Group set up for meal	Teachers
6.00pm	Dinner	
7.30 – 9.00pm	Night Activities	Teachers
Day Three		
7:00 am	Showers & wake up	Teachers
7:45 am	Duty Group set up for meal	Teachers
8:00 am	Breakfast	
9:00 am	Community Service Activities	YMCA Inst & Students
10:00 – 12:00am	Beach Carnival OR Coastal Hike to Mornington OR Team Challenge	YMCA Inst & Teacher
12:15 pm	Duty Group set up for meal	Teachers
12.30pm	Lunch	
1:30pm	Camp Debrief & Depart	YMCA Inst & Teachers



Program

Rotations

	Dolphins	Sharks	Penguins	Crabs	Seahorses	Lobsters
Rotation 1	High Ropes	Giant Swing	Sea Kayaking	Snorkelling	Beach Education	Fishing
Rotation 2	Giant Swing	High Ropes	Snorkelling	Sea Kayaking	Fishing	Beach Education
Rotation 3	Beach Education	Fishing	High Ropes	Giant Swing	Sea Kayaking	Snorkelling
Rotation 4	Fishing	Beach Education	Giant Swing	High Ropes	Snorkelling	Sea Kayaking
Rotation 5	Sea Kayaking	Snorkelling	Beach Education	Fishing	High Ropes	Giant Swing
Rotation 6	Snorkelling	Sea Kayaking	Fishing	Beach Education	Giant Swing	High Ropes



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