

Program

YMCA Outdoor Education Program

Number of Days: 3 Number of students: 80
50% Instructed by YMCA staff

DATE & DAY	PROGRAM	STAFF
Day One		
10:30 am	Arrive at Camp. Welcome by camp staff. Settle into cabins etc.	YMCA staff
11:00 am	Whole Group Introductory Games Orientation of camp activities for teachers	YMCA & Teachers
12:00 pm	BYO Lunch	
1:00 – 2:30pm	Rotation 1	YMCA & Teachers
2:30pm	Afternoon Tea	
3:00 – 4:30pm	Rotation 2	YMCA & Teachers
4:30 -6:00pm	Free time & showers	Teachers
5:45 pm	Duty Group set up for meal	Teachers
6:00 pm	Dinner	
7:30 – 9:00 pm	Night Activities	Teachers
Day Two		
7:00 am	Showers & wake up	Teachers
7:45 am	Duty Group set up for meal	Teachers
8:00 am	Breakfast	
9:00 – 10:30am	Rotation 3	YMCA Inst & Teacher
10:30am	Morning Tea	

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10:45-12:15pm	Rotation 4	YMCA Inst & Teacher
12:15 pm	Duty Group set up for meal	Teachers
12:30pm	Lunch	
1:30pm-3:00pm	Rotation 5	YMCA Inst & Teacher
3:00pm	Afternoon Tea	
3:15 – 4:45pm	Rotation 6	YMCA Inst & Teacher
4:45 – 6:00pm	Free time & showers	Teacher
5:45 pm	Duty Group set up for meal	Teachers
6:00pm	Dinner	
7:30 – 9:00pm	Night Activities	Teachers
Day Three		
7:00 am	Showers & wake up	Teachers
7:45 am	Duty Group set up for meal	Teachers
8:00 am	Breakfast	
9:00 – 10:00am	Community Service	YMCA Inst's and Students
10:00 – 12:00am	Beach Carnival OR Coastal Hike to Mornington OR Team Challenge	YMCA Inst & Teacher
12:15 pm	Duty Group set up for meal	Teachers
12.30pm	Lunch	
1:30pm	Camp Debrief & Depart	YMCA Inst & Teachers

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Rotations

	Dolphins	Sharks	Penguins	Crabs	Seahorses	Lobsters
Rotation 1	High Ropes	UHF Radio	Vertical Challenge	Archery / Initiatives	Beach Education	Rockpool Ramble
Rotation 2	UHF Radio	High Ropes	Archery / Initiatives	Vertical Challenge	Rockpool Ramble	Beach Education
Rotation 3	Beach Education	Rockpool Ramble	High Ropes	UHF Radio	Vertical Challenge	Archery / Initiatives
Rotation 4	Rockpool Ramble	Beach Education	UHF Radio	High Ropes	Archery / Initiatives	Vertical Challenge
Rotation 5	Vertical Challenge	Archery / Initiatives	Beach Education	Rockpool Ramble	High Ropes	UHF Radio
Rotation 6	Archery / Initiatives	Vertical Challenge	Rockpool Ramble	Beach Education	UHF Radio	High Ropes